

**Table 2A.13.1: Bed and Lost Work Days Associated with Back Pain for Persons Aged 18 and Over in Workforce Previous 12 Months, by Sex, United States 2015**

	Incidence of Condition (in 1,000s) [1]		Persons in Workforce with Incidence of Condition and Bed Days				Persons in Workforce with Incidence of Condition and Lost Work Days				
			Incidence of Bed Days (in 1,000s) [2]	% of Workforce	Average Number of Bed Days in Past 12 Months	Total Bed Days (in 1,000s)	Incidence of Lost Work Days (in 1,000s) [3]	% of Workforce	Average Number of Work Days Lost in Past 12 Months	Total Lost Work Days (in 1,000s)	
<b>Back/Neck Problem Causes Difficulty with Activity</b>											
Male	6,092.4	7.1%	2,824.2	3.3%	13.4	37,844	3,123.3	3.7%	17.6	202,997	
Female	7,069.4	9.1%	4,217.6	5.4%	9.3	39,224	4,071.1	5.2%	10.7	145,469	
Total	13,161.8	8.0%	7,041.8	4.3%	10.9	76,756	7,194.4	4.4%	13.7	344,269	
<b>Neck Pain in Past 3 Months</b>											
Male	10,360.4	12.1%	4,326.5	5.1%	10.6	45,861	5,165.3	6.0%	11.2	57,851	
Female	12,528.7	16.1%	7,207.1	9.2%	8.4	60,540	7,179.0	9.2%	12.2	87,584	
Total	22,889.0	14.0%	11,533.6	7.1%	9.2	106,109	12,344.3	7.5%	11.8	145,663	
<b>Low Back Pain in Past 3 Months</b>											
Male	22,108.6	25.8%	8,264.7	9.7%	8.9	73,556	9,562.1	11.2%	11.6	110,920	
Female	21,605.2	27.7%	11,030.0	14.1%	7.8	86,034	10,960.5	14.0%	10.6	116,181	
Total	43,713.8	26.7%	19,294.7	11.8%	8.3	160,146	20,522.6	12.5%	11.1	227,801	
<b>Radiating Leg Pain (with Low Back Pain)</b>											
Male	6,597.7	7.7%	2,804.4	3.3%	15.7	44,029	3,074.2	3.6%	18.0	55,336	
Female	6,587.6	8.4%	3,688.8	4.7%	12.1	44,634	3,576.5	4.6%	13.4	47,925	
Total	13,185.3	8.1%	6,493.2	4.0%	13.6	88,308	6,650.6	4.1%	15.6	103,749	
<b>All Spine Pain or Problems</b>											
Male	25,855.7	30.2%	9,698.9	11.3%	8.5	82,441	11,533.9	13.5%	11.2	129,180	
Female	26,351.0	33.8%	13,640.7	17.5%	7.3	99,577	13,595.2	17.4%	9.9	134,592	
Total	52,206.7	31.9%	23,339.6	14.3%	7.8	182,049	25,129.1	15.4%	10.5	263,856	
<b>Workers with Bed or Lost Work Days Not Reporting Back or Neck Pain</b>											
Male	59,701.3	69.8%	15,984.7	18.7%	4.4	70,333	21,236.4	24.8%	7.0	148,655	
Female	51,683.7	66.2%	18,758.8	24.0%	4.4	82,539	22,814.9	29.2%	6.6	150,578	
Total	111,385.1	68.1%	34,743.5	21.2%	4.4	152,871	44,051.2	26.9%	6.8	299,548	
						<b>TOTAL</b>	<b>Male</b>	<b>Female</b>			
Population age 18 & over in Workforce during past 12 months (in 1, 000s)						163,591.8	85,557.0	78,034.7			
2013 US Population by Sex Group						247,773.7	120,614.7	127,159.0			
% Population in Workforce						66%	71%	61%			

[1] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)\_Adult sample, 2012. [www.cdc.gov/nchs/nhis/nhis\\_2012\\_data\\_release.htm](http://www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm) July 2, 2013.