

Table 5E.2.3: High School Sports-Related Injuries by Body-Site and Type of Exposure, High School Sports-Related Injury Surveillance Study, United States, 2017-2018 School Year

Body Site	Competition Injury		Practice Injury		Total Injuries	
	Number of Injuries	% of Total	Number of Injuries	% of Total	Number of Injuries	% of Total
Head/face	215,843	27.0%	77,553	13.6%	293,396	21.5%
Ankle	137,507	17.2%	105,454	18.5%	242,961	17.8%
Knee	109,736	13.7%	83,048	14.6%	192,784	14.1%
Hip/thigh/upper leg	64,581	8.1%	76,959	13.5%	141,537	10.4%
Hand/wrist	74,045	9.3%	51,040	9.0%	125,085	9.1%
Shoulder	44,551	5.6%	38,430	6.8%	82,981	6.1%
Lower leg	35,934	4.5%	28,206	5.0%	64,140	4.7%
Trunk	32,538	4.1%	37,820	6.6%	70,358	5.1%
Arm/elbow	31,122	3.9%	30,849	5.4%	61,971	4.5%
Foot	30,354	3.8%	22,659	4.0%	53,013	3.9%
Neck	9,039	1.1%	3,353	0.6%	12,391	0.9%
Other	12,969	1.6%	13,905	2.4%	26,874	2.0%
Total [1]	798,219	100.0%	569,272	100.0%	1,367,491	100.0%

[1] Totals may not equal sum of injury sites due to rounding and missing data.

Source: Comstock RD, Pierpoint LA, Arakkal A, Bihl JH. National high school sports-related injury surveillance study, summary report, 2017-2018 school year. Table 2.4 High School RIO. www.ucdenver.edu/ResearchProjects/piper/projects/RIO/Documents.aspx. Accessed August 26, 2019.