

Table 4.6.1: Limitations of Daily Living and Activity Attributed to Arthritis by Persons with Self-Reported Doctor-Diagnosed Arthritis, Adults Age 18 and Older, by Sex, United States 2010-2012

Limitations	Adults with Self-Reported Doctor-Diagnosed Arthritis [1] Who Attribute Limitations to Arthritis [2]					
	Male	Rate Per 100	Female	Rate Per 100	Total	Rate Per 100
	(in 1,000s)	Population [3]	(in 1,000s)	Population [3]	(in 1,000s)	Population [3]
Any limitation	2,412.1	2.1	5,153.7	4.3	7,565.9	3.2
Need help with routine needs	593.7	0.5	1,991.5	1.6	2,585.2	1.1
Help with personal care	328.7	0.3	971.9	0.8	1,300.6	0.6
Difficulty walking without equipment	1,265.4	1.1	3,960.8	3.3	4,226.2	1.8
Unable to work NOW due to health [4]	1,215.4	1.1	2,623.0	2.2	3,838.3	1.6
Limited in kind or amount of work	685.4	0.6	1,375.9	1.1	2,061.3	0.9
	Adults with Any Medical Condition (5) Reporting Limitations for All Causes					
	Male	Rate Per 100	Female	Rate Per 100	Total	Rate Per 100
	(in 000s)	Population [3]	(in 1,000s)	Population [3]	(in 1,000s)	Population [3]
Any limitation	19,740.8	17.3	21,084.3	17.4	40,825.1	17.4
Need help with routine needs	3,446.1	3.0	6,075.6	5.0	9,521.7	4.0
Help with personal care	2,224.0	1.9	3,167.3	2.6	5,391.3	2.3
Difficulty walking without equipment	5,269.2	4.6	7,867.0	6.5	13,136.2	5.6
Unable to work NOW due to health [4]	8,056.9	7.1	9,561.9	7.9	17,617.8	7.5
Limited in kind or amount of work	4,543.1	4.0	5,219.9	4.3	9,763.0	4.2
	Proportion of Adults With Limitations Due to Self-Reported Doctor-Diagnosed Arthritis					
	Male	Female	Total			
Any limitation	12%	24%	19%			
Need help with routine needs	17%	33%	27%			
Help with personal care	15%	31%	24%			
Difficulty walking without equipment	24%	50%	32%			
Unable to work NOW due to health [4]	15%	27%	22%			
Limited in kind or amount of work	15%	26%	21%			

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[2] Responded "arthritis/rheumatism" when asked: What conditions or health problems cause limitations?

[3] Based on U.S. Census of Population estimate for July 1, 2010, for sex group.

[4] Adjusted to working age population age 18 and older.

(5) Responded "yes" when asked if have a medical condition, including circulatory (coronary, heart), respiratory, musculoskeletal, hearing trouble, seeing trouble, emotional disorder, mental health disorder, diabetes, cancer, recurring severe headaches, cognitive function issue, or sleeping issue. Respondents may indicate more than one medical condition.

Source: National Health Interview Survey (NHIS)_Adult sample, 2010-2012.

www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.