

**Table 1.9: Self-Reported Health Status for Select Medical Conditions by Sex, United States 2012**

<b>Medical Condition</b>	<b>Proportion Reporting Condition BETTER Than 12 Months Ago</b>			<b>Proportion Reporting Condition WORSE Than 12 Months Ago</b>			<b>Total Persons with Condition (in millions)</b>
	<b>Male</b>	<b>Female</b>	<b>Total</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>	
Musculoskeletal [1]	19.4%	21.0%	20.3%	10.9%	12.5%	11.8%	126.6
Emotional Disorder [2]	21.3%	23.0%	22.3%	13.4%	14.4%	14.0%	83.6
Circulatory [3]	19.4%	11.4%	19.5%	19.6%	14.3%	12.9%	72.1
Sleep Disorder	20.7%	21.3%	21.1%	16.5%	17.3%	17.0%	68.4
Respiratory [4]	19.8%	21.2%	20.6%	11.7%	12.7%	12.3%	66.1
Migraines or Severe Headaches	21.5%	22.0%	21.8%	14.1%	14.9%	14.7%	44.0
Mental Health Disorder [5]	22.2%	24.7%	23.7%	14.5%	17.5%	16.3%	42.0
Diabetes	21.3%	21.0%	21.1%	11.9%	16.1%	14.1%	31.2
Blind or Trouble Seeing w/Glasses	19.0%	20.3%	19.8%	16.2%	18.2%	17.4%	20.6
Cancer [6]	17.5%	20.5%	19.2%	13.3%	14.3%	13.8%	20.1
Cognitive Disorder [7]	19.0%	19.6%	19.4%	27.2%	27.4%	27.3%	17.7

[1] Includes arthritis, chronic joint symptoms (more than 3 months in duration), pain in lower back or neck or radiating leg pain (more than 3 months duration).

[2] Includes feelings that interfere with life and activities in past 30 days: sad, nervous, restless, hopelessness, worthlessness, depression, general anxiety, panic disorder, and living is an effort.

[3] Includes coronary heart disease, angina pectoris, heart attack, stroke, chronic hypertension, heart disease.

[4] Includes emphysema, chronic asthma, hay fever, sinusitis, chronic bronchitis.

[5] Includes ADD/ADHD, bipolar disorder, depression in past 12 months, or other mental health disorder

[6] Includes all types of cancer.

[7] Includes memory loss or neurological problem in past 12 months.

[8] Includes respondents reporting "moderate trouble," "a lot of trouble" or "deaf" without a hearing aid or hearing device, or currently uses a hearing aid.

[9] Age-adjusted by direct method to US Census population estimate for July 1, 2012. Accessed October 26, 2013. NOTE: Due to sample weighting to approximate the age distribution of the U.S. population, the crude (unadjusted) and age-adjusted rates of reported conditions are very close.

Source: National Health Interview Survey (NHIS)\_Adult sample. [www.cdc.gov/nchs/nhis/nhis\\_2012\\_data\\_release.htm](http://www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm). July 2, 2013.