

Table 1.8.4: Summary of Bed and Lost Work Days Due to Health Problems for Persons Age 18 and Over by Sex, United States 2012

Cause of Bed/Lost Work Days [1]	Bed Days [2]						Lost Work Days [3]					
	Male	% for		Total (in millions)	% of Total [4]	Male	% for		Total (in millions)	% of Total [4]		
		Males [4]	Female				Females [4]	Female				
Musculoskeletal Injury or Condition [5]	192.0	73%	336.3	69%	528.3	70%	102.0	69%	114.6	71%	216.5	70%
Depression/Fatigue/Nervous Problems [6]	77.5	29%	158.0	32%	235.5	31%	25.7	17%	29.9	19%	55.6	18%
Circulatory [7]	66.7	25%	122.9	25%	189.7	25%	20.5	14%	11.8	7%	32.3	10%
Respiratory [8]	24.7	9%	61.4	13%	86.4	11%	5.4	4%	9.9	6%	16.5	5%
Diabetes [9]	27.7	10%	45.6	9%	73.3	10%	1.5	1%	3.4	2%	4.8	2%
Cancer/Tumors [10]	10.4	4%	24.5	5%	34.9	5%	4.8	3%	3.6	2%	8.4	3%
Old Age/Senility [11]	8.3	3%	19.7	4%	27.9	4%	0.1	0%	0.9	1%	1.0	0%
Developmental/Mental Disability [12]	1.6	1%	9.2	2%	10.8	1%	1.5	1%	0.5	0%	2.1	1%
Other Major Health Conditions [13]	69.6	26%	80.9	17%	150.5	20%	13.8	9%	19.6	12%	33.4	11%
All Causes	264.7	181%	486.9	176%	751.8	178%	148.2	118%	161.6	120%	309.8	120%

[1] Respondents reported "Yes" when asked "Are you limited in any way in any activities because of physical, mental or emotional problems."

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

[4] Total greater than 100% due to persons reporting more than one condition

[5] Limitation caused by: "Fracture/bone/joint injury; Back/neck problem; Arthritis/Rheumatism; Amputated limb/finger/digit; or Musculoskeletal/connective tissue problem."

[6] Limitation caused by: "Depression, nervous system, fatigue."

[7] Limitation caused by: "Heart problem, stroke, hypertension, or circulation."

[8] Limitation caused by: "Respiratory problem."

[9] Limitation caused by: "Diabetes."

[10] Limitation caused by: "Cancer or benign tumor/cyst."

[11] Limitation caused by: "Old age, senility."

[12] Limitation caused by: "Developmental problem or other mental problem (ADD, Bipolar, Schizophrenia)."

[13] Limitation caused by: "Vision, hearing, metabolic, digestive, skin, blood, surgical affects, pregnancy, other cause."

Source: National Health Interview Survey (NHIS), Adult Sample. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm. July 2, 2013.