

Table 1.3.4: Most Frequently Reported Medical Conditions and Prevalence for Persons Age 18 and Over, with Subconditions, by Geographic Region, United States 2015

Medical Condition	Total Persons With Condition Aged 18 & Over (in Millions)					Prevalence Per 100 Persons in Regional Group				
	Northeast	Midwest	South	West	Total	Northeast	Midwest	South	West	Total
Musculoskeletal [1, 2]	21.803	29.115	45.037	28.178	124.132	48.8	54.9	48.8	48.8	50.1
Chronic [2] Joint Pain	12.233	17.447	26.761	16.091	72.532	27.4	32.9	29.0	27.9	29.3
Lower Back Pain (Lumbar Back Pain)	12.793	16.044	26.600	16.831	72.268	28.7	30.3	28.8	29.1	29.2
Arthritis	10.400	13.670	20.277	11.039	55.386	23.3	25.8	22.0	19.1	22.4
Neck Pain (Cervical Back Pain)	6.913	8.364	13.794	9.898	38.968	15.5	15.8	14.9	17.1	15.7
Lower Back Pain Spreading Below Knee	4.690	5.712	10.412	5.969	26.784	10.5	10.8	11.3	10.3	10.8
Carpal Tunnel Syndrome	1.486	1.917	3.129	1.726	8.268	3.3	3.6	3.4	3.0	3.3
Circulatory	18.559	23.695	39.877	21.787	103.918	41.6	44.7	43.2	37.7	41.9
Chronic Hypertension [2]	13.073	17.583	28.910	14.520	74.085	29.3	33.2	31.3	25.1	29.9
Chronic High Cholesterol [2]	11.821	14.951	25.510	14.149	66.432	26.5	28.2	27.6	24.5	26.8
Coronary or Heart Condition [3]	4.977	7.696	10.414	5.319	28.406	11.2	14.5	11.3	9.2	11.5
Stroke	0.904	1.700	2.614	1.302	6.520	2.0	3.2	2.8	2.3	2.6
Respiratory	9.059	13.293	23.655	12.515	58.521					
Sinusitis	4.082	6.477	14.077	4.731	29.367	9.1	12.2	15.2	8.2	11.9
Hay Fever	3.194	4.101	6.999	5.681	19.976	7.2	7.7	7.6	9.8	8.1
Chronic [2] Asthma	3.147	4.417	6.447	4.433	18.445	7.1	8.3	7.0	7.7	7.4
Chronic [2] Bronchitis	1.364	2.368	4.060	1.483	9.274	3.1	4.5	4.4	2.6	3.7
Chronic Obstructive Pulmonary Disease (COPD)	1.047	2.073	3.116	1.320	7.556	2.3	3.9	3.4	2.3	3.0
Emphysema	0.536	0.974	1.484	0.521	3.515	1.2	1.8	1.6	0.9	1.4

* Does not meet standards for reliability.

[1] Specific conditions are not mutually exclusive in overall condition category.

[2] Symptoms lasting 3 months or longer.

[3] Includes heart attack, angina pectoris, and other heart disease.

Source: National Health Interview Survey (NHIS)_Adult sample, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.